



Book One Beginning Bridge Teaching schedule

Lesson Number	Lesson Title
	Getting started with Bridge
1	An introduction to MiniBridge and playing in no trumps
2	Playing with trumps
3	Declarer play
4	Basic defence
5	MiniBridge Simultaneous Pairs
	An Introduction to Bidding
6	How the auction works, opening 1NT and balanced hand responses
7	Game Responses to a 1NT opening
8	Play lesson
	Opening One of a Suit
9	One level suit openings and limit raises
10	New suit responses – opener’s weak rebids
11	Opener’s rebid with a strong hand
12	Getting into no trumps
13	Play lesson
	Declarer Play
14	Declarer play techniques
15	Declarer play in no trumps
16	Declarer play in a trump contract
	Defence
17	The opening Lead
18	Defenders play of the cards
	The Competitive Auction
19	Suit overcalls and responses
20	Simple takeout doubles
21	1NT overcall and responses

	New Conventions
22	Stayman
	Opening 4-4-4-1 hands
23	Opening 4-4-4-1 hands
	Strong opening bids
24	Opening 2NT and responses
25	Opening 2♣ and responses
26	Opening 2♦ / 2♥ / 2♠ and responses
27	Slam bidding
	Pre-emptive openings
28	Opening at the 3 and 4 level and responses
29	Defending against a pre-emptive opening
30	Final week – play session

The methods on this course are based on the Standard English Acol system – a coherent method designed to be easy to use and easy to remember. Standard English Acol is the recommended system for Bridge for All; the complete learn and play programme from the English Bridge Union. Bridge for All is the nationally approved method of learning the game - formally recognised by the Open College Network. It is fully documented in a range of books and supporting books, software and other materials.